MAY 2012 WEYMOUTH HIGH SCHOOL LUNCH MENU

*** menu subject to change without notice**

TEACHERS PLEASE POST IN HOMEROOM **LUNCH WITH MILK - $2.50** **MILK ONLY - 0.50**

MILK, 100% JUICE, AND FRUIT ARE SERVED WITH ALL MEALS.

		TUESDAY	**5/1**	**WEDNESDAY**	**5/2**	**THURSDAY**	**5/3**	**FRIDAY**	**5/4**
		FRENCH TOAST BACON & EGG PATTY FRUIT CUP CHOCOLATE CHIP MUFFIN JUICE		CHEESE LASAGNA GARDEN SALAD GARLIC BREAD PEACHES JUICE		**CHEF'S CHOICE** **SEE CAFETERIA MENU**		SOFT SHELL TACOS ALL THE FIXINS CORN DORITOS SPICED APPLE SLICES / JUICE	
MONDAY	**5/7**	**TUESDAY**	**5/8**	**WEDNESDAY**	**5/9**	**THURSDAY**	**5/10**	**FRIDAY**	**5/11**
SPICY OR PLAIN CHICKEN PATTY LETTUCE / TOMATO GLAZED CARROTS APPLESAUCE JUICE		**IN SERVICE DAY** **1/2 DAY** **NO FOOD SERVICE**		PASTA AND MEAT SAUCE GREEN BEANS SCALI BREAD MIXED FRUIT JUICE		CHICKEN CAESAR SALAD CHEESY GARLIC BREADSTICK PINEAPPLES JUICE		FRENCH BREAD PIZZA CHEESE OR PEPPERONI FRESH VEGGIE STICKS FRUIT CUP JUICE	
MONDAY	**5/14**	**TUESDAY**	**5/15**	**WEDNESDAY**	**5/16**	**THURSDAY**	**5/17**	**FRIDAY**	**5/18**
WARM HAM AND CHEESE ON A CROISSANT POTATO PUFFS GLAZED CARROTS FRUIT / JUICE		POPCORN CHICKEN SEASONED FRIES DIPPING SAUCE CUCUMBER & DIP PEARS / JUICE		AMERICAN CHOP SUEY GREEN BEANS DINNER ROLL TOSSED SALAD PEACHES / JUICE		TURKEY AND STUFFING WRAP LETTUCE, TOMATO, CRANBERRY SAUCE CORN FRUIT / JUICE JELL-O		NACHOS AND CHEESE PLATE WITH SEASONED BEEF VEGGIE PLATTER AND DIP PINEAPPLES JUICE	
MONDAY	**5/21**	**TUESDAY**	**5/22**	**WEDNESDAY**	**5/23**	**THURSDAY**	**5/24**	**FRIDAY**	**5/25**
MEATBALL SUB PICKLES AND CHEESE GREEN BEANS STRAWBERRY CUP JUICE		SPICY CHICKEN PATTY ON A ROLL HOUSE RICE & CORN SPICED APPLE SLICES JUICE		MOZZARELLA STICKS WARM MARINARA SAUCE POTATO PUFFS PEARS JUICE		STEAK AND CHEESE SUB PEPPER, ONION, MUSHROOMS FRESH VEGGIE PLATTER FRUIT CUP JUICE		PULLED BBQ TURKEY ON A ROLL CURLEY FRIES CORN ON THE COB PEACHES / JUICE	
MONDAY	**5/28**	**TUESDAY**	**5/29**	**WEDNESDAY**	**5/30**	**THURSDAY**	**5/31**		
MEMORIAL DAY NO SCHOOL		RIB-A-QUE ON A ROLL BAKED BEANS PASTA SALAD MIXED FRUIT JUICE		MEATBALL SUB PICKLES AND CHEESE GREEN BEANS PINEAPPLES JUICE		BUFFALO CHICKEN SUB CELERY STICKS / DIP FRESH FRUIT JUICE		**MANAGE YOUR STUDENT'S MEAL** **ACCOUNT FOR FREE** **SIMPLY GO TO** **WWW.MEALPAYPLUS.COM**	

QUESTIONS OR COMMENTS ARE WELCOME
CONTACT DAVID ZEOLI 781-337-8430
EMAIL ADDRESS: DAVID.ZEOLI@WEYMOUTHSCHOOLS.ORG

OUR MEALS ARE PLANNED TO COMPLY WITH THE "USDA RECOMMENDED GUIDELINES".
EACH CHILD MUST TAKE A MINIMUM OF THREE FOOD GROUPS TO CONSTITUTE A MEAL.

FRENCH FRIES AVAILABLE - MONDAYS AND FRIDAYS ONLY - $1.35
NACHOS WITH CHEESE SAUCE AND SALSA AVAILABLE -
TUESDAYS, WEDNESDAYS, THURSDAYS - $1.35